

The Normal Index by Dr Jason Betts

The Normal Index is not a test of competence. It is a short test of normalcy based on average social constructs. Few people will actually score totally normal, however these factors deviate one from the average social norm. This test measures your current social deviance according to popular idealistic traditional western social norms.

Instruction:

For every true statement, gain a mark. The closer you are to 25, the more normal you are, in general terms. A couple that both have a similar Normal Index are likely to have a mutually-accepting stable relationship.

- 1 You have friends.
- 2 You have a paid job.
- 3 You wear clean clothes.
- 4 You have a romantic partner.

- 5 You are not fat nor thin.
- 6 You do not have implants.
- 7 You do not have any tattoos.
- 8 You are not a dwarf nor a giant.

- 9 You have average intelligence.
- 10 You have not died and revived.
- 11 You were not abused as a child.
- 12 Your parents still love each other.

- 13 You are not a cigarette addict.
- 14 You are not a legal drug addict.
- 15 You are not an illegal drug addict.
- 16 You do not take prescription drugs.

- 17 You do not have a mental illness.
- 18 You are a practicing heterosexual.
- 19 You do not have a physical illness.
- 20 You do not believe without evidence.

- 21 Your hair is not artificially coloured.
- 22 You do not have any facial aberrations.
- 23 You are not a cripple nor a disabled human.
- 24 You have not pierced your body with metal.

- 25 You do not always wear the same clothes.
- 26 You do not have children born outside marriage.
- 27 You do not have more than one romantic partner.
- 28 You do not watch horror, violent or abusive movies.

- 29 You have not been convicted of a crime.
- 30 You have not been legally institutionalised.
- 31 You can talk normally without slang, stutter or slur.
- 32 You do not believe in non-scientific things, like God.